



## In This Issue

[Laser technology](#)

[Upcoming Events](#)

[Staff Favorites](#)

[Valentine's Day gift](#)

## Ongoing Specials

### Wrinkle Free Friday

Receive 25% off your Botox procedure. Spots fill up quickly - [contact us](#) to schedule your appointment today.

### TNS Tuesday

Receive a 30% discount off TNS SkinMedica products the first Tuesday of the month.

## Laser technology can help relieve rosacea

The amazing science behind laser technology has made it possible for patients suffering from skin conditions to go beyond using oral or topical drugs to treat these oftentimes painful illnesses.

Patients with rosacea, for example, can relieve stinging, burning, flushed and bumpy skin by using laser technology to help even out skin tone and texture. This is because lasers have the unique ability to selectively target blood vessels without adversely affecting surrounding tissue.

Rosacea is a chronic inflammatory condition in which small capillaries of the face become dilated and inflamed. It is characterized by flare-ups and remissions, and most commonly occurs in people between the ages of 30 and 60 years old.

### What are the causes of Rosacea?

The exact cause of rosacea is unknown. There are many theories, including the presence of skin mites and/or bacteria; however these have yet to be scientifically proven. The hope is that with ongoing research the causes will be isolated leading to advanced treatments. Currently, there is no known cure for rosacea.

### What are the symptoms of Rosacea?

Symptoms of rosacea can differ substantially from one individual to another.

People with rosacea have an increased susceptibility to recurrent flushing reactions that may be provoked by hot or spicy foods, drinking alcohol, temperature extremes, and emotional reactions. Many patients can also have persistent redness of the skin. Small bumps on the skin often mistaken for acne may also be present.

Other secondary symptoms include eye irritation, burning or stinging, dry appearance, raised red patches (plaques), skin thickening, and swelling.

### **Treatments**

Lasers and Intense Pulsed Light (IPL) therapy are becoming increasingly more popular to treat the symptoms of rosacea. While IPL can destroy the tiny microscopic vessels that cause diffuse redness of the face, lasers can coagulate the larger vessels, decrease redness and improve skin tone and texture. It also stimulates new collagen growth to improve your skin's overall appearance.

Many providers will use a combination of laser therapy and other treatments to provide their patients with the best results. Rosacea can also be treated with lifestyle changes, topical medication or cosmeceuticals, or oral medication.

If you have been diagnosed with rosacea and would like to learn more about LASER or IPL, please contact us to schedule a consultation at 319-368-5566.

## **Upcoming Events**

### **Obagi Event - Feb. 3, 6 p.m.**

Cosmetic Solutions' [Obagi](#) skin care products are prescription-based skin care products that will treat sun damaged, pigmented and aging skin and leave your skin looking healthy and young.

Attend our Cosmetic Solutions educational seminar on Feb. 3 at 6 p.m. and receive 20% off all Obagi products. Door prizes include a paraffin facial, Obagi products and two \$50 Cosmetic Solutions gift cards.

### **Hair Removal Seminar, March 10, 6 p.m.**

Make your life simpler and eliminate shaving, waxing and plucking from your life. Attend our Cosmetic Solutions educational seminar to learn more about [laser hair removal](#). Receive \$100 off any hair removal package.

[Contact us](#) today to reserve your spot for both seminars.

## **Staff Favorites**

### **Carla Labus, Receptionist**

3 years with Cosmetic Solutions

"Ladies, my favorite product is the [SkinMedica TNS Night Eye Repair cream](#). We all know that the under eye area is the most difficult to treat. The Night Eye Repair cream is loaded with peptides and high concentrations of Vitamins A, C & E. And, the hyaluronic acid dramatically improves the appearance of the delicate skin around the eyes. The cream reduces the



appearance of dark circles, fine line and wrinkles, increase firmness and elasticity and hydrates the skin around the eyes."

## Make someone feel beautiful with a Cosmetic Solutions gift card

Valentine's Day is just around the corner. Are you looking for the perfect gift for someone you love? Give them a gift card from Cosmetic Solutions.

A Cosmetic Solutions Gift card is not only unique, it will also let your loved ones take time for themselves and look and feel more beautiful all at once.

Give the gift of beauty this Valentine's Day. It could be the most beautiful gift you ever give. Call 319.368.5566 to [contact us](#) today. You'll end up looking good, too.

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of BEAUTY

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