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Wrinkle Free Friday

Receive 25% off your BOTOX® Cosmetic procedure. Spots fill up quickly - [contact us](#) to schedule your appointment today.

TNS Tuesday

Receive a 30% discount off TNS SkinMedica products the first Tuesday of the month.

Greetings!

Thank you for reading the Cosmetic Solutions **Science of Beauty** newsletter. As a thank you for being one of our valued subscribers, we would like to share an **exclusive coupon** with you for a 25% discount on our brand new Latisse product that leads to longer, fuller and darker eyelashes.

Your coupon is included below! Thanks again for subscribing!

Your Cosmetic Solutions Team

Restore natural volume and youthful skin with wrinkle removers

Has anyone ever told you that you looked tired or stressed? Or asked why you were frowning? Do you have vertical lines between your eyebrows, wrinkles across your forehead, or fine lines at the outer edge of your eyes?

If you answered "Yes" to any of these questions, you may benefit from wrinkle removing procedures.

As we age, our skin changes. Over time, the natural volume of youthful skin begins to diminish as wrinkles and folds form. These days, there are many non-surgical options available to improve the appearance of your skin.

BOTOX® Cosmetic

BOTOX® Cosmetic has been in use for about 10 years as a non-surgical, short-term treatment of fine lines and wrinkles in the face.

The procedure takes only a few minutes, and no pain medication is required. BOTOX® Cosmetic is injected with a fine needle into specific muscles. The substance blocks signals from the nerve to the muscles, which prevents the muscles from contracting and causes the wrinkles to relax and soften.

The effects of BOTOX® Cosmetic usually last about 3-5 months and can be repeated. Since BOTOX® Cosmetic doesn't work for all wrinkles, a consultation with Cosmetic Solutions experts is required prior to treatment.

Dermal Fillers

When it comes to deeper wrinkles, injectable cosmetic fillers offer the best and most immediate improvement.

Restalyne is the first cosmetic dermal filler made of non-animal based hyaluronic acid – a natural substance that already exists in the human body.

When injected, Restalyne provides volume where the body's own hyaluronic acid has decreased. It is used to replace the collagen that your skin loses over time.

One treatment session takes less than 30 minutes, and local anesthetic is used prior to injection. Results can be seen immediately and can last as long as 6 months.

Radiesse is part of a new generation of injectable fillers that stimulate the body to produce new collagen. It contains a component naturally found in our bones and teeth, and lasts an average of 12 months or more.

Juvederm injectable gel helps to instantly restore your skin's volume and smooth facial wrinkles and folds.

The smooth gel flows easily into the skin and provides a smooth, natural look and feel. Results can be seen immediately and last 6 months or longer.

Juvederm is the first hyaluronic acid dermal filler that has demonstrated its safety and effectiveness in persons of color.

For more information on wrinkle removers, or to schedule an appointment for a consultation, please call us at 319-368-5566.

Upcoming Events

Botox and Filler Seminar, April 14, 6 p.m.

Say goodbye to wrinkles with BOTOX® Cosmetic or dermal fillers. Attend our educational seminar on April 14 at 6 p.m. to learn more about wrinkle removers and for a chance to **win FREE BOTOX® Cosmetic treatment** of up to 25 units. That's a \$325 value! Bring a friend.

SkinMedica Event, May 5, 9 a.m. to 7 p.m.

If you're looking for ways to make your skin look younger, attend our SkinMedica® event on May 5 and take advantage of great deals on this breakthrough skin care line. Specials include a 30% discount on all TNS products and a "Buy1, Get 1 free" peel.

Cosmetic Solutions seminars are held at OB-GYN Associates, 855 A Ave. NE in Cedar Rapids. [Contact us](#) today to reserve your spot for

both seminars.

Staff Favorites

Terrie Frieden, RNC, APRN
3 years with Cosmetic Solutions

"My favorite product is the TNS Recovery Complex. I rank this product high on my "must haves" along with my BOTOX® Cosmetic (of course).

TNS Recovery Complex contains NouriCel-MD, a mix of multiple human growth factors and other elements discovered through woundhealing research. It has been clinically proven to improve fine lines, wrinkles, skin tone and texture. It's truly a great anti-aging product."



Save big with our April hair removal special

Remove unwanted body hair to make you look and feel great this spring! You can even save \$500 in doing so.

Purchase a bikini hair removal package and get an underarm hair removal package (valued at \$500) for free.

At Cosmetic Solutions, we use the [Cutera CoolGlide](#) Laser. The CoolGlide's longer wavelength allows it to be used safely and effectively on patients with a variety of skin tones. The cooled handpiece makes the procedures more comfortable, and minimizes the adverse skin reaction commonly seen with other lasers.

For more information or to schedule your consultation today, [contact us](#) at 368-5566.

**25% off
Latisse**

Thank you for subscribing to the Cosmetic Solutions Science of Beauty newsletter. Print off this coupon and stop by Cosmetic Solutions to receive 25% off [Latisse](#), the first and only prescription treatment approved by the FDA that leads to longer, fuller and darker eyelashes.

Offer Expires: April 30, 2009

the SCIENCE *of* BEAUTY

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