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Ongoing Specials

TNS Tuesday
 Receive a 30% discount on all TNS SkinMedica products the first Tuesday of every month.

Transformation Thursday
 Receive a \$15 discount on each Obagi product the last Thursday of every month.

Wrinkle Free Friday
 Receive 25% off your BOTOX® Cosmetic procedure every Friday. Spots are filling up quickly - call to schedule your appointment today.

Services

- Laser Skin Rejuvenation
- Laser Hair Removal
- Laser Vein Therapy
- Limelight
- Skin Tightening

Thank you

I wanted to take this opportunity to thank everyone who attended our September Cosmetic Solutions Open House and made it such a huge success.

Congratulations also to Sherlyn Reynolds! Sherlyn won our Grand Prize at the Open House - a shopping trip to Chicago that includes 2 nights at the Westin Hotel on Michigan Ave. and a \$500 Visa gift card.

Dr. Abernathy, Cosmetic Solutions

Give your skin a healthy glow with facials, Vibraderm and chemical peels

Exfoliation is a very important part of maintaining healthy skin. Time, air pollution and sun exposure all lead to unwelcome changes in your skin texture, color and elasticity. At Cosmetic Solutions we offer many options to rejuvenate and take care of your skin. These include facials, Vibraderm and chemical peels.

Facials

Facials are an excellent way to detoxify, cleanse and infuse your skin. They also increase blood circulation and support overall rejuvenation. We recommend facials at any time, but they are particularly effective with the change of the seasons. They are also great when you aren't quite sure what path you need to take for certain skin concerns.



Vibraderm

Our second option for exfoliation is Vibraderm. Vibraderm is a crystal-free form of microdermabrasion that uses a vibrating paddle to resurface the skin. It suits all skin types. Normally, someone with texture issues, minimal acne scarring, imbalanced, dry, oily or combination skin will see the best results with this type of procedure. It is a wonderful treatment to enhance the surface of the skin. Often times we recommend a Vibraderm treatment before laser procedures to allow more effective treatments.

Botox Cosmetic

Radiesse Dermal Filler

Restylane Dermal Filler

Juvederm Injectable
Gel

Aesthetic Facials

Chemical Peels

Jane Iredale Makeup

Obagi Skin Care

Skin Medica

Chemical Peels

At Cosmetic Solutions, we offer four different types of chemical peels. Chemical peels are best for patients with pigmentation and some texture concerns. The exfoliation process with chemical peels tends to be more aggressive and can penetrate the skin a little deeper than our other exfoliation treatments.

1. Our beginner peel, which is also our least aggressive peel, is our Skin Medica Illuminize peel. It is a combination of acids that gently get rid of the dead surface skin cells, often times with no visible peeling, giving you a nice healthy glow.
2. The Vitalize peel is a step up from the Illuminize peel. It is similar to the Illuminize peel, but uses a higher percentage mixture of chemicals in the treatment. It is typically used to treat pigmentation. Patients tend to see 3-5 days of physical peeling.
3. We also recently introduced a new peel by Skin Medica called the Rejuvenize peel. This peel gives you a noticeable improvement with just one peel. Also, it is well tolerated with minimal downtime.
4. Last but not least, is our most dramatic, yet comfortable, peel: the VI peel by Kalil Medical. This peel is appropriate for moderate to severe skin conditions. You can expect to see peeling for up to 7 days that can be controlled with moisturizer. You are also able to safely use a mineral foundation during this process to help conceal the peeling. You can see fair results with one peel, but may see more optimal results with a series of peels.

All of these treatments provide you with the building blocks to regain or maintain healthy skin. We would be happy to get you started on these treatments or answer any other questions you may have. [Contact us](#) today.

Rejuvenate your skin and save big with our November
Specials

Skin Rejuvenation Packages: Restore your skin to a more youthful state of improved elasticity, texture and tone, and save money while doing so. Schedule your skin rejuvenation package this November and receive a 20% discount. (Special includes all laser packages, except hair removal and vein treatments)

Facials: Facials are a great preventative treatment to help you beat wrinkles before they occur. In November, buy 2 Esthetic Facials and get 1 FREE.

Gift Cards: The Holiday season is rapidly approaching. Give the gift of beauty and receive something for yourself in return. For every \$100 gift card purchased, receive a free \$20 gift card.

[Contact us](#) to schedule your appointment today!



Don't miss out on these two Cosmetic Solutions events

Nov. 5 - Jane Iredale & Radiesse Day

Jane Iredale: Receive a 25% discount on all Jane Iredale products for that day only. Our Jane Iredale representative will be here all day.

Radiesse: Buy 1 Radiesse syringe for \$500, and receive a 2nd syringe FREE. There are only a few spots left, so [contact us](#) today to schedule your appointment!

Nov. 17 - Cosmetic Solutions Obagi Night

If you're a fan of younger and healthier-looking skin, you won't want to miss the Cosmetic Solutions Obagi Night on Tuesday, Nov. 17. An Obagi representative will be there to talk about Obagi skin care products, which transform your skin on a cellular level to look and act younger and healthier.

When: Tues, Nov. 17 at 5:30 p.m.

Where: 855 A Avenue, NE, Cedar Rapids

Specials: Purchase an Obagi system and receive 2 free Vibraderm

treatments. Also, receive a 25% discount on all single Obagi products. (Offer valid that night only)

Grand Prize: Purchase a minimum of \$250 worth of Obagi skin care products at the Open House and qualify for a drawing to win free Obagi products for a full year (up to \$1,000 value). There will be several other door prizes throughout the night. Bring a friend!



Staff Favorites

Terrie Frieden, RNC, APRN, 4 years with Cosmetic Solutions

"One of my favorite services offered at Cosmetic Solutions is "Limelight" treatment by Cutera. Limelight is an IPL (intelligent pulsed light) treatment and considered a "photofacial" by many. It improves many skin imperfections at the same time, including pigmentation from sun damage, redness, pore size and fine lines. After just one treatment, you will see noticeable improvement in your skin. It's a great treatment!"



**Purchase a
chemical peel and
receive a FREE
Vibraderm
treatment.**

Thank you for subscribing to the Cosmetic Solutions Science of Beauty newsletter. For our newsletter subscribers only: Purchase a chemical peel and receive a FREE Vibraderm treatment.

Offer Expires: Nov. 30, 2009

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Cosmetic Solutions | 855 A Avenue NE | Cedar Rapids | IA | 52402

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